

What Do I Say? What Do I Do?

Please join us for a free community workshop

Purpose:

To increase understanding of suicide bereavement and learn basic support skills.

Topics covered:

- The StandBy Service Model
- Crisis, trauma and grief
- What makes suicide different from other sudden death
- Support approaches and best practice
- Self-Care



Date Tuesday, 12 September 2023

Time 6:00 pm – 8:00 pm

Venue Gladstone Mindcare

147 Goondoon St, Gladstone

Facilitator StandBy – Support After Suicide
Central Qld, Wide Bay and Sunshine Coast

Registrations open 31 July, go to

www.eventbrite.com.au

For more information:

Email standby.cqwbsc@uccommunity.org.au

Phone 1300 727 247

Scan to register



*StandBy - an initiative of the Australian Government
Post Suicide Support - an initiative funded by the NSW Government.*



We acknowledge the Traditional Custodians of the land on which we operate, and pay our respects to their elders past, present and emerging.



Our organisation is a place where human rights are respected and people of diverse genders and sexual orientation are welcomed and supported.



standbysupport.com.au