

# What Do I Say? What Do I Do?

Please join us for a free community workshop

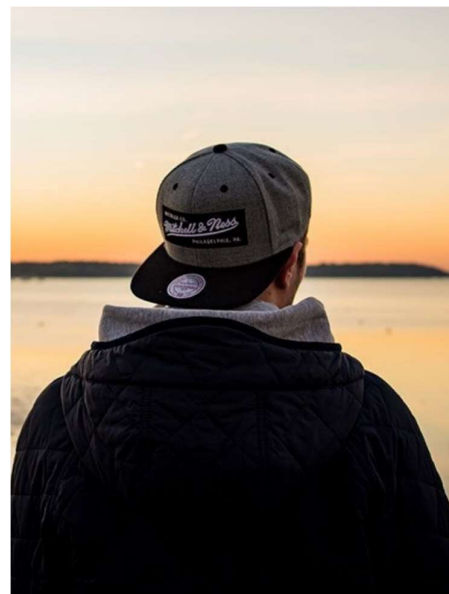
Purpose:

To increase understanding of suicide bereavement and learn basic support skills

Topics covered:

- The StandBy Service Model
- Crisis, trauma and grief
- What makes suicide different from other sudden death
- Support approaches and best practice
- Self-Care

Tea, coffee & supper provided



**Date:** 13th September 2022

**Time:** 6pm – 8pm

**Venue:** VMR Building, 268 Alf O'Rourke Drive, Gladstone

**Facilitator:** Tracey Gale

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**RSVP:**

6th September 2022

*Karen Brookes*

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*StandBy - an initiative funded by the Australian Government*



[www.standbysupport.com.au](http://www.standbysupport.com.au)



*We acknowledge the traditional Custodians of the land on which we operate, and pay our respects to their elders past, present and emerging.*



*Our organisation is a place where human rights are respected and people of diverse genders and sexual orientation are welcomed and supported.*